



Our Mission is to create a growing network of co-ed seniors, to provide social activities, local events, **travel**, entertainment and educational seminars in common interest groups as ways to safely enjoy our lives.

***WE ARE READY TO HOOT AGAIN...
BUT THE COVID-GRINCH HAD OTHER PLANS!***

When Hillsborough County closed all Parks & Rec buildings in mid-March, all Owls Club activities were put on hold. We had planned to restart our monthly meetings in December 2020, but due to increasing positivity rates of Covid-19 and the concerns associated with large group indoor gatherings, the Owls decided to suspend the restart of the monthly meetings including December 1st. This suspension of large group indoor gatherings is expected to continue for months into 2021, and will remain on hold until the positivity rate drops to an acceptable level and/or a vaccine becomes available.

If you are ready to get out and resume some social activities with safeguards in place, you may want to register for some of the Park small group programs as outlined below (page 2 of this document).

Whatever you decide, we encourage you to stay busy, eat healthy and wear PPE when required.

Still Got Questions?

***Contact Bill Castens at
(813) 833-0102***

NORTHDALE RECREATION CENTER



Hillsborough
County Florida
Parks & Recreation

Register online at hcflgov.net/parks
Adult and Senior Programs:

All activities take place at:
15550 Spring Pine Dr. Tampa
(813)264-8956

Badminton

Sunday at 9:30am

Open play. \$16 per session.

BRUNCH BRINGO

2nd Wednesday of the month at 10:30am

Bring your own lunch and play this classic game of chance.

Line Dance

Check back for dates and times

Painting and Pastries

More information coming soon

Pickleball

Tuesday 9:30am, Wednesday 6:30pm, Thursday 9:30am

Open to all skill levels. \$18 per session.

Scattergories

Monday at 9:30am

Creative thinking game for seniors.

Tone and Stretch

Wednesday at 9:30am

Exercise to build strength, flexibility, and to increase range of motion. Participants are encouraged to bring a light hand weight such as a 2 pound weight.

Trivia

More information coming Soon

Volleyball

Friday at 6:30pm

Open play for anyone aged 18 or older. \$18 per session.

Walking Club

Monday and Wednesday at 9am

Meet at shelter 1 for a short stretch then everyone will walk at their own pace around the walking trail and laps will be tallied.



NORTHDALE RECREATION CENTER



Hillsborough
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Parks & Recreation

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Youth and Teen Programs:

All activities take place at:
15550 Spring Pine Dr. Tampa
(813)264-8956

IStroll

Monday, Wednesday, Friday, Saturday at 9:30am

60 minute stroller workout made by athletes for parents. Incorporates running, body weights, dumbbells, resistance bands, and a stroller!

Legacy Volleyball

Tuesday and Wednesday at 6:30pm

Register at LegacyVolleyball.net

Rec2Six After School Program

Monday through Friday 2pm to 6pm

Open to grades K-5 and inclusion. Bus transportation available from Claywell. \$76/\$60/\$40 every two weeks, based on lunch status.

Toddler PE

Wednesday at 9:30am

PE style class where parents play alongside their children. Meet outside at shelter 1. Rainy day meet in Building A. \$20 per session.

Wiffleball Teen League

Friday at 6:30pm

Indoor league running November 13 through December 18. \$25.

