



**FEBRUARY 2019**

## **HOOT OF THE MONTH**

### **MEET CAROL HORN:**

I was born in Schnectady, New York and nine weeks later my father was killed in a car accident. Five years later we relocated to Dade City, Florida to be with my Grandfather where I grew up on Church Avenue. My parents and I moved to Clemery, France for one year, where my Stepfather was stationed in the Air Force. During this time I boarded at a Girls Catholic School in Nancy, France, as the only American student. The next two years were at Ramstein, Germany.

Returning home, I graduated from Pasco High School and joined the Air Force. I was stationed at McGuire A.F.B. N.J. working in accounting. Upon completing my four years, I went into Civil Service at Fort Dix, New Jersey then to Florida working at James Haley V.A. Hospital; IRS Office Audit West Palm Beach, and U.S. Geological Survey In Tampa. I retired from the Federal Government after 35 years.

My late husband Herb and I enjoyed boating, RV traveling and found a place in Cruso, North Carolina where we spent the summer months for eight years and residing at Town and Country. After 33 years of marriage my husband passed from a major stroke which we dealt with for eight years.

I have been a member of St. Catherine's Episcopal Church at Temple Terrace for 40 years where I volunteer with the Altar Guild. I also volunteer with NARFE, Travel Aid at TIA Crisis Center and most importantly the OWLS for five years.

**I am very thankful for being here and the people I met.**



**Carol Horn**

## **OWLS CALENDAR OF EVENTS**

*There are written policies on our website which also lists future events not yet printed in calendars. Visit [www.NorthdaleOWLS.org](http://www.NorthdaleOWLS.org) & become informed!*

*Unless noted, activities originate at*

*Northdale Park, 15550 Spring Pine Dr., Tampa, FL. 33624*

### **Feb 5, TODAY – Monthly Meeting & Pot-Luck Lunch-11 AM at Park – Bring FOOD**

- ❑ Entertainment by Suzanne and Angelo Reno – Owls Style!

### **Feb 9, Sat – Line Dance Celebration Workshop @ MUST REGISTER ONLINE**

- ❑ 9:30 – 3:30pm (Doors open at 9am). Line dance workshop with classes for all levels: beginner, improver, and intermediate/advanced.
- ❑ Instructors are **John Robinson, Lindy Bowers, Sheri Hurley, Jamie Leick, Marilyn McNeal, Lynda Licht, Gail Smith & Liz Smith.** DJ's are **Vince and Joan Gregoire.**
- ❑ \$25 Registration fee includes lunch and t-shirt. **Registration is now FULL.**

Contact: Becca Mendoza (813) 981-4237

### **Feb 13, Wed – Lunch Bunch at Cheese Cake Factory (separate checks)**

- ❑ 11:30 AM Meet **Cheese Cake Factory** located in International Mall.

Contact: Marty Katz (813) 961-5649 – Please Sign-up at meeting or call. **Headcount is needed!**

### **Feb 14, Thurs – Enjoy Tampa Bay Lightning Hockey vs Dallas Stars @ \$28 (Good hockey deal)**

- ❑ 5:45 PM County Bus departs Park for evening **Valentine Day** hockey (est. return 11 PM).
- ❑ Time for Pre-game Dutch dining at arena or walk to **Ferg's Live or Hooters!**
- ❑ **BE THE THUNDER as the Tampa Bay Lighting makes a run at the CUP!**

Contact: Don Clark (813) 985-4859 – Fee covers transport, parking & game ticket.

### **Feb 15, FRI – Boomers Bike Club @ \$Free**

- ❑ 9:30am Meet at **Keystone Recreation Center** (17928 Gunn Hwy, Odessa) to stretch and get started. We will leave from the park and bike the Upper Tampa Bay trail.
- ❑ **Boomers Bike Club will meet the third Friday of each month** at a different trail every time. We will bike a slow 7mph pace and complete approximately **10 miles**.
- ❑ Bikers are encouraged to bring their own bike. Hillsborough County has a limited number of bikes available to borrow from Keystone Rec Center. *Van transportation is available from Northdale Rec Center on a limited basis for those borrowing bikes.*

Contact: Becca Mendoza (813) 981-4237, or [mendozar@hcflgov.net](mailto:mendozar@hcflgov.net) - Register for a headcount.

### **Feb 17, Sunday Matinee – OWLS Take in Carrollwood Players @ Pay in Advance to Reserve Seat!**

- ❑ 2:30 PM Meet at 4333 Gunn Hwy – **The Best Little Whorehouse in Texas**, a musical.

Contact: Nancy Stearns (813) 961-4438 – For Payment Instructions!

### **Feb 18, Mon – Bunco at Brunchies, 14366 N. Dale Mabry Hwy@ \$16 (NO PAYMENT AT DOOR)**

- ❑ **10 AM** Fee covers cost of lunch and prizes – **Games start at 10 AM Sharp!**

Contact: Lorrie Allen (813) 230-9919 – PAYMENT DEADLINE IS PRIOR WED.

### **Feb 19, Tues – S.O.A.R. Nature Trip to Circle Bar B Ranch @FREE**

- ❑ 9 AM County vans depart Northdale Park for **Lakeland, Florida** (est. return 4 PM).
- ❑ Come join us for a nice walk at **the Circle Bar B Ranch Preserve**. This former 1267 acre cattle Ranch on the shores of Lake Hancock is considered to be the *headwaters for the Peace River*. Much of the property has been **converted back into a massive wetland**.
- ❑ Now an *important winter habitat for migrating birds, the preserve is a nationally renowned birding location where visitors can often spot rarely seen species*. The Preserve is anchored by a large **Visitors/Education Center** and participants can expect a short to moderate walk on very well groomed trails. Participants will decide where to eat on return trip.

Contact: Becca Mendoza (813) 981-4237 to register -SOAR trips are led by Brad Lympany 813-957-6150.

**Feb 24 & 25, Sun & Mon –U.S. Sugar Raisin' Cane Tour & More @\$205 Double, \$259 Single**

- ❑ 10 AM Vans depart Sunday for **Clewiston, FL** (est. return Mon. 7PM)
- ❑ Includes 90 min. **Swamp Buggy Tour** at **Babcock Ranch Wildlife Eco Tours** & hamburger, hot dogs & grilled chicken breast **Buffet Lunch** w/ranch beans, coleslaw & drink.
- ❑ Check in at **The Historic Clewiston Inn** (included). After check-in, off to Dutch-treat dinner at **Sunrise American/Mexican Restaurant**. *Homemade Entertainment at Inn.*
- ❑ Monday - **Breakfast** at the Inn (included), tour the **Clewiston Museum** (included), then step back in time when we board the **Sugarland Express Tram** where we'll chop & chew sugarcane and see the latest sugarcane farming techniques. Includes a journey to Clewiston Sugar Mill, the Sugar Refinery, and Citrus Juice Plant.
- ❑ En route home, a stop at **EarthBox Research Center** - learn about EarthBox Gardening.

Contact: Ruth Zeigler (813) 962-0397 - **Limited to 24. Pack light, one small overnight bag**

**Mar 5, Tues – Monthly Meeting with Corned Beef & Cabbage Lunch-11 AM at Park @ \$5**

- ❑ *10 AM Doors open.* Entertainment by **Maio's – Bag Pipes, Tap Dancing & Such!**
- ❑ **DO NOT BRING FOOD DISH THIS MONTH!** Tom Murray and John Erb are cooking!
- ❑ Get in Irish Mood: **"Life is like a cup of tea, it's all in how you make it!"**
- ❑ Prepay **\$5 for your Irish meal** ticket or pay at door "meal deal" until we reach capacity: **Corned Beef, Cabbage, Potato & Carrots, a roll, cookie & bottle of water!**
- ❑ **Will sell \$5 TAKE-OUT's** ... If you do not like menu *bring your own bagged lunch.*

Contact: Bill Castens (813) 340-9436 – **WEAR GREEN!** – – **Note: Bldg. capacity is 514 people!**

**March 15, FRI – Boomers Bike Club @ \$Free**

- ❑ 9:30am Meet at **Weaver Park** (1258 Bayshore Boulevard, Dunedin) to stretch and get started. We will leave from the park and bike along the Pinellas Trail.
- ❑ Boomers Bike Club will meet the third Friday of each month at a different trail every time. We will bike a slow 7mph pace and complete approx. **10 miles.**
- ❑ Bikers are encouraged to bring their own bike. Van transportation is available from Northdale Rec Center on a limited basis for participants looking to rent a bike in Dunedin. Dunedin Cyclery **bike rental** shop is only three blocks from Weaver Park (additional cost paid to rental company). Register with Becca for a headcount.

Contact: Becca Mendoza (813) 981-4237 or [mendozar@hcflgov.net](mailto:mendozar@hcflgov.net)

**Mar 13, Wed – Mixon Fruit Farm @ \$24 (NOTE DATE CHANGE FROM MAR 6)**

- ❑ 9 AM County bus departs Park with estimated return at 3:30 PM.
- ❑ We will visit the **Mixon Fruit Farm** in Bradenton, Fl. After the **Tram tour of the fruit groves and the Wild Preserve** we will have lunch. *Have you ever had Three Potato Salad?* After lunch there will be time for **shopping, wine tasting and a walk thru of the packing plant.** Fee covers cost of Tram Tour and a delicious lunch.

Contact: Don Clark (813) 985-4859 for any questions or concerns.

**Mar 14, Thurs – "Is Swimming with Manatees on your Bucket List? Here's your chance!" @ \$69**

- ❑ 7:00 AM County van(s) departs for Homosassa Springs (est. return 3 PM).
- ❑ **Dress for weather & wear swim suit under clothing. Take towel & camera. Snacks permitted on boat. Wet suit, snorkel gear & pool noodle provided.** Hot coffee, tea or chocolate provided if weather is cold; or ice water if weather is hot.
- ❑ Dutch-treat lunch at **Peck's Old Port Cove.** An American bar & seafood.

Contact: Ruth Zeigler (813) 962-0397 – **Underwater cameras available for rent if desired.**

**Mar 18, Mon – Bunco at Brunchies, 14366 N. Dale Mabry Hwy@ \$16 (NO PAYMENT AT DOOR)**

- ❑ **10 AM** Fee covers cost of **lunch and prizes – Games start at 10 AM Sharp!**

Contact: Lorrie Allen (813) 230-9919 – **PAYMENT DEADLINE IS PRIOR WED.**

**Mar 18, Mon – Enjoy Tampa Bay Lightning Hockey vs Arizona Coyotes @ \$31**

- ❑ 5:45 PM County Bus departs Park for Monday evening hockey (est. return 10:45 PM)
- ❑ Time for Pre-game Dutch dining at arena or walk to Ferg's Live or Hooters!
- ❑ **BE THE THUNDER as the Tampa Bay Lightning makes a run at the CUP!**

Contact: Don Clark (813) 985-4859 – Fee covers transport, parking & game ticket.

**Mar 19, Tues – PreSeason Tampa Bay Rays vs New York Yankees @ \$44**

- ❑ 11:30 AM County vans depart Park (estimated return at 4:30 PM).
- ❑ **"Take Yourself to the ballgame"** for preview of **RAYS BASEBALL!**
- ❑ Optional Dutch-dinner ("**cracker jacks & peanuts**") at Applebee's upon return to Park.

Contact: Don Clark (813) 985-4859 – Fee covers transport, driver meals, parking & game ticket.

**Mar 20, Wed – Lunch Bunch at Mr. Dunderbak's Biergarten and Brewery (separate checks)**

- ❑ 11:30 AM Meet at **Mr. Dunderbak's Biergarten and Brewery** at 14929 Bruce B. Downs.

Contact: Marty Katz (813) 961-5649 – Please Sign-up at meeting or call. Headcount is needed!

**Mar 24, Sunday Matinee – OWLS Take in Carrollwood Players @ Pay in Advance to Reserve Seat!**

- ❑ 2:30 PM Meet at 4333 Gunn Hwy – **A Comedy of Errors**, a farce comedy.

Contact: Nancy Stearns (813) 961-4438 – For Payment Instructions!

**Mar 26, Tues – S.O.A.R. Nature Hike at Blackwater Creek Preserve @ FREE**

- ❑ 9 AM County vans depart Park (estimated return at 3 PM).
- ❑ **Last chance to earn that needed credit for the annual Hiking Spree.** Join us for a 2 mile walk along groomed trails at **Blackwater Creek Preserve**, where we will *be joined by Kathy Walden, the resident land manager.* She will take us on a short stroll and help explain what it takes to manage *one of Hillsborough County's greatest natural assets.*
- ❑ Hikers can expect a 2 mile walk along well groomed trails. The area can be sunny, so prepare accordingly with sturdy shoes, hat, sunglasses and sunscreen.
- ❑ SOAR trips are led by the county's nature specialist Brad Lympany (813) 957-6150.

Contact: Becca Mendoza (813) 981-4237 - Dutch lunch at Fred's Market in Plant City.

**Apr 2, Tues – Monthly Meeting & Pot-Luck Lunch-11 AM at Park – Bring FOOD**

**Entertainment: Bill Castner & his hula hoop performing tunes for the OWLS!**

**Apr 3 & 4, Wed & Thurs– Owls visit Kennedy Space Station @ DO NOT PAY OWLS --See Below**

- ❑ 7:30 AM Advantage Tours bus departs Park (return estimated on Thurs at 4 PM).
- ❑ **Travel with us to the Kennedy Space Station for a fun 2-day visit.** Many changes since we visited years ago. A range of bus tours, two IMAX Theaters, exhibits & displays of the historic spacecraft & memorabilia. "Space Shuttle Atlantis" is home of the real Space Shuttle Atlantis orbiter & the Shuttle Launch Experience is a simulated ride into space. Presentations from NASA astronauts are presented daily. So many new features to enhance the excitement of your trip to this historic American site!
- ❑ Mail (\$279/\$349) **checks payable to Advantage Tours (\$279/\$349)** care of Sylvia Katz, 4639 Landscape Drive, Tampa, Fl. 33624 - Insurance available.

Contact: Sylvia Katz (813) 961-5649

**Apr 5, Fri – Vinoy Lunch with Cross Bay Ferry Adventure @ \$35**

- ❑ 9:30 AM County bus departs Northdale (estimated return at 3:30PM).
- ❑ Fee covers **tour of refurbished Vinoy Hotel including fabulous lunch** at the Vinoy followed by **Cross Bay Ferry boat ride to Tampa** having fun with a bunch of wild OWLS!

Contact: Don Clark (813) 985-4859

**OWLS HELP LESS FORTUNATE:**

In addition to food & toy drives for Metropolitan Ministries & Toys for Tots, We collect box tops (education), used eye glasses (Lions), and used hearing aids (Sertoma), aluminum tabs (Shriner's Hospital), cell phones, slightly used or new pillow cases ("Dress A Girl"), slightly used or new luggage, duffle bags & backpacks (Eckerd 's Raising Hope) and Owls Transport Pool.

**Apr 10, Wed – Day at Tampa Bay Downs Horse Racing @ \$23**

- ❑ 10:30 AM County Bus leaves Northdale Park with estimated return at 4:30 PM.
- ❑ Buffet Lunch offers: Turkey, Fresh Fruit Salad, Carved Prime Rib, Mac' Cheese, Vegetables, Mashed Potatoes, Spring Mix, Éclair, Home Baked Cookies, coffee or ice tea.
- ❑ Fee covers Transport, Admission, Racing Program, Reserve Seating, Lunch, and Gratuity.

Contact: Marty Katz (813) 961-5649

**Apr 13, Sat – Enjoy Family Fun Festival – 3500+ people attend --- Free**

- ❑ Northdale Park – **Free Parking – Free Food & Free Entertainment!**
- ❑ **10 AM View Parade into Park** including Gaither High's Marching Band

Contact: Tom Murray (781) 760-7959 – **VOLUNTEERS NEEDED & APPRECIATED!**

**Apr 15, Mon – Bunco at Brunchies, 14366 N. Dale Mabry Hwy@ \$16 (NO PAYMENT AT DOOR)**

- ❑ **10 AM** Fee covers cost of lunch and prizes – **Games start at 10 AM Sharp!**

Contact: Lorrie Allen (813) 230-9919 – PAYMENT DEADLINE IS PRIOR WED.

**Apr 17, Wed – “DINNER BUNCH” at Noble Crust of Carrollwood (separate checks)**

- ❑ 5 PM Meet for dinner at **Noble Crust of Carrollwood**, 11618 N. Dale Mabry Hwy.

Contact: Marty Katz (813) 961-5649 – Please Sign-up at meeting or call. Headcount is needed!

**April 19, FRI – Boomers Bike Club @ \$5 approximate cost to park downtown**

- ❑ 9:30am Meet at **Curtis Hixon Park** (600 N Ashley Dr, Tampa) to stretch and get started. We will leave from the park and bike along the Riverwalk and Bayshore Blvd.
- ❑ Recommended parking at the William F Poe Garage ([800 N. Ashley Dr.](#))
- ❑ Boomers Bike Club will meet the third Friday of each month at a different trail every time. We will bike a slow 7mph pace and complete approx. **10 miles.**
- ❑ Bikers are encouraged to bring their own bike. Van transportation is available from Northdale Rec Center on a limited basis for participants looking to rent a bike downtown (additional cost paid to rental company). Register with Becca for a headcount.

Contact: Becca Mendoza (813) 981-4237 or [mendozar@hcflgov.net](mailto:mendozar@hcflgov.net)

**Apr 20, Sat – Easter Egg Hunt at Northdale Park @ Free**

- ❑ 10 AM – **Bring grandchildren (bring basket), or just come to watch the fun!**
- ❑ **Don't be late --- once the hunts begin, they are over quickly!**

Contact: Martha Hughes (813) 477-0924 – Volunteers needed – Call or see Martha if available.

**Apr 24, Wed – Rays vs Kansas City Royals @ \$18**

- ❑ **11:30 AM County Bus departs Park (est. return 6:30PM)** – Fee covers admission & bus.
- ❑ **Take me to the ballgame** while enjoying the **HOOT on every Rays Home Run!**
- ❑ Dutch dine at Ferg's Sports Bar & Grill after game – **Come have fun with OWLS!**

Contact: Don Clark (813) 985-4859 - Good deal: **No Parking Fee, Admission & Good Company!**

**April 25, Thurs - Homemade Free-for-all Hawaiian Desserts Contest for 5th Annual Picnic @ FREE**

- ❑ 10 AM till Noon - **Deliver Anything Hawaiian Dessert** to the Bill Castens Gymnasium for judging. Contest open to Men and Women. *Desserts will be served at the Owls Picnic.*
- ❑ **Contest Rules:** 1) *Must be homemade.* 2) *Judged on presentation, taste and texture.* 3) *No refrigeration required.* 4) *Use a plastic plate or cardboard, not to be returned.* 5) *Entries must include list of ingredients, your name and telephone number.*

Contact: Ruth Zeigler (813) 962-0397

**April 26, Fri - 5th Annual Hawaiian Theme Owls Picnic & Recreational Music for Seniors @ \$8**

- ❑ 11:00 AM - Meet in Bill Castens Gymnasium at Northdale Park for **B-I-N-G-O and camaraderie.**
- ❑ At noon we will eat **Short Ribs, Grilled Chicken, Hamburgers, Hot Dogs, Potato Salad, Cole Slaw & Root Beer Floats, prepared by John Erb.** Homemade desserts from baking contest served.

- ❑ Entertainment provided by **Tampa New Horizons Band**, Carrollwood Culture Center and the **Northdale Owls Ukulele players**...including audience participation. Wear your brightest garb!
- ❑ Baking contest winners announced. Remaining desserts for sale with proceeds going to Northdale Park's kids programs. **Have fun and eat some of John Erb's cooking!**
- ❑ Pay in advance to insure we have enough food...Walk-ins will eat last!

Contact: Ruth Zeigler (813) 962-0397 - **Need volunteers to set up, serve & clean up.**

**Apr 28, Sunday Matinee – OWLS Take in Carrollwood Players @ Pay in Advance to Reserve Seat!**

- ❑ 2:30 PM Meet at 4333 Gunn Hwy – **Excursion Fare**, a comedy.

Contact: Nancy Stearns (813) 961-4438 – For Payment Instructions!

**Apr 29, Mon – OWLS Take in Weeki Wachee Springs State Park @ \$18**

- ❑ 8:45 AM County bus leaves for **Weeki Wachee Springs State Park** (est. return 3 PM).
- ❑ Known to both Floridians and tourists alike as “*Spring of Live Mermaids*” it was named *Weeki Wachee* by the Indians, meaning “*little spring*”. Although you can’t swim with the “mermaids,” you can watch from the underwater theater as they perform. If you do want to swim, lockers are available for swimmers in spring-fed Buccaneer Bay. You DO know that “spring-fed” means 72 degree water? Then witness the wildlife show, take a boat-ride on the river – all included in admission. For an additional charge, renting a kayak next door is available, *but* only if you reserve one in advance.
- ❑ **Lunch will be Dutch-treat in the Park**, and there’s a choice of indoor or outdoor seating to enjoy salads, wraps, burgers, at The Galley, and ice cream, snacks and cold drinks throughout the Park. There’s even a Tiki bar!
- ❑ Now an official State Park, Weeki Wachee Springs is undergoing extensive renovations and should be in first-class condition when we visit on April 29<sup>th</sup>. We plan to find out!

Contact: Gail Wise (813) 935-3344

**May 7, Tues – Monthly Meeting & Pot-Luck Lunch-11 AM at Park – Bring FOOD**

**ENTERTAINMENT: *The HEADHOOT with Owls Friends as TuTu Dancers!!***

**May 8, Wed – Rays vs Arizona Diamond Backs @ \$18**

- ❑ **11:30 AM County Bus departs Park (est. return 6:30PM)** – Fee covers admission & bus.
- ❑ **Take me to the ballgame** while enjoying the **HOOT on every Rays Home Run!**
- ❑ Dutch dine at Ferg’s Sports Bar & Grill after game – **Come have fun with OWLS!**

Contact: Don Clark (813) 985-4859 - Good deal: **No Parking Fee, Admission & Good Company!**

**May 15, Wed – Lunch Bunch at Lucky Dill Tampa (separate checks)**

- ❑ 11:30 AM Meet at **Lucky Dill Tampa**, 4606 W. Boy Scout Blvd.

Contact: Marty Katz (813) 961-5649 – Please Sign-up at meeting or call. Headcount is needed!

**May 18, Sat – Old Town Classic Car Show Cruise – An Old Gem in an Old Town @ \$27**

- ❑ 3:30 PM - Martz Bus departs Park for **Old Town** in Kissimmee, FL. (est. return 11 PM).
- ❑ Old Town is a **4 blocks open-air walking district with shops, dining, bars, adult rides, and family-friendly attractions. Simple pleasures of classic American fun.**
- ❑ Fees charged for amusement rides. Dutch dining on site at eatery of your choice.
- ❑ 7:00 PM- Free live entertainment on Trophy Row Stage. See all your favorite classic cars come together at one place. Followed by ***the Saturday Nite Car Cruise (1987 and older)!***
- ❑ **Reflect on youthful memories as Cars Cruise by on Old Town's brick-paved Main Street.**

Contact: Ruth Zeigler (813) 962-0397 – **Come watch Bill ride the Slingshot Bungee Cord (365ft)!**

**May 20, Mon – Bunco at Brunchies, 14366 N. Dale Mabry Hwy@ \$16 (NO PAYMENT AT DOOR)**

- ❑ **10 AM** Fee covers cost of lunch and prizes – **Games start at 10 AM Sharp!**

Contact: Lorrie Allen (813) 230-9919 – PAYMENT DEADLINE IS PRIOR WED.

## “WEEKLY RECREATION PROGRAMS for OWLS”

*Sponsored by: Hillsborough County Parks, Recreation Department in partnership with the Northdale Owls  
Contact: Becca Mendoza at 813-981-4237 or [mendozar@hcflgov.net](mailto:mendozar@hcflgov.net)*

Adult Volleyball	Fridays	6:30pm-8:30pm	Free!
Aerobics “Lite”	Mon/Wed	9:30am-10:30am	\$2/class
BBOB’S (Bill’s Blooming Orchid Buddies)	4 <sup>th</sup> Tues	Contact: Bill Castens (813) 340-9436	
Boomers Bike Club	3 <sup>rd</sup> Friday	Contact: Becca Mendoza	Free!
Games:		Contact: Shirley Beller (813) 961-5495	
Bridge	Tues/Thurs	Contact: Kay Farland (813) 889-7972	
Cards & Games	Tuesdays	Contact: Kay Farland (813) 889-7972	
Hand & Foot	Tues/Thurs	Contact: Rose Oursler (813) 909-8082	
Hand & Foot	Fri	Contact: Hilda Hodges (813) 416-3317	
Mah Jongg	Mondays	Contact: Marie Alley (813) 962-0063	
Mah Jongg	Wednesdays		
Laughter Yoga	Sundays	12 Noon-12:30pm	Free!
Line Dance – Beginner1/Beginner2	Mondays	10:30am-12 Noon	\$2/class
Line Dance – Beginner2/Improver	Thursdays	10:30am-12 Noon	\$2/class
Pickleball Lessons – Beginning Players	Tues/Thurs	9:00am-10:00am	Free!
Pickleball Lessons – Beginning Players	Wednesdays	6:00pm – 7:00pm	Free!
Pickleball Play	Varies	Please ask staff for schedule	Free!
Sing Along With Owls	Wednesdays	Contact Ed Rodriguez (813) 810-9733	
Strut with Your Mutt	Mon/Thurs	4:30pm-5:30pm	Free!
Table Tennis	Mon/Wed	11:00am-1:00pm	Free!
Tai Chi	Tuesdays – See dates below	1:00pm-2:00pm	Free!
<i>Winter Classes: Feb 12, 19, 26 Spring Classes: March 12, 26, April 9, 16, 23, 30</i>			
Technology Workshop	2 <sup>nd</sup> Mon	3:30pm-5:00pm	Free!
Tone and Stretch	Wednesdays	1:00pm-1:45pm	\$5/Class
<i>Bring resistance bands and light weights, instructor Jennifer Shipherd 813-546-3715</i>			
Ukulele Lessons	Tues/Fri	10:30am-12 Noon	Free!
Walking Club	Tues/Thurs	8:00am-9:30am	Free!
YOGA for Seniors	Fridays	11:30am-12:15pm	\$5/class

*Our Mission... is to create a growing network of co-ed seniors, to provide social activities, local events, travel, entertainment, and educational seminars in common interest groups as ways to safely enjoy our lives.*

**Our Refund Policy...** is to reimburse you for prepaid events if you give prior notification, and if we can resell ticket to another participant, usually day of event.

Checkout the website at [www.NorthdaleOWLS.org](http://www.NorthdaleOWLS.org), or  
visit Northdale Park for details on how to join...

**Still Got Questions?** Talk to any member of the OWLS, or contact Bill Castens at (813) 340-9436

**Like Northdale OWLS on Facebook**

Your reservation is made upon RECEIPT of your payment... Please itemize each event.

**Make checks payable and mail to:**

**Northdale OWLS, 3853 Northdale Blvd., # 374, Tampa, FL 33624**

Or

DROP Payment in one of the “Lock Boxes” at Northdale Park, Bldg. B and BCG